

Contact Info

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Join Our
Bootcamp
Discord for
More Info!



Welcome to Fountain City Roller Derby!

Welcome to Fountain City Roller Derby's recruitment event! We are so excited to share our passion for derby and what makes our league so special. Tonight, you'll get an introduction to the sport, learn about our New Recruit Bootcamp program starting in September, and meet some of the league.

Why join FCRD?

Roller derby is a sport unlike any other. Joining FCRD means joining a passionate, competitive, and inclusive community that will empower you on and off the track. You don't need any prior

skating experience—we'll teach you everything from the ground up, focusing on safety, skating basics, and derby fundamentals. Get ready to challenge yourself, make lifelong friends, and unleash your strength. **Your roller derby journey starts here!**

League Member Safety

Fountain City Roller Derby is committed to maintaining a safe and inclusive environment for all. **We have a zero-tolerance policy for discrimination, harassment, and acts of violence based on race, color, religion, sex, gender identity/expression, sexual orientation, national origin, age, or disability.**

A Brief History

Fountain City Roller Derby has been a part of the Kansas City community since 2009. FCRD started with only three skaters and by the second season numbers had already grown enough to support four women's teams. Currently, the league has more than 100 members of all genders and backgrounds ranging in age from 18 to 54. In 2025, FCRD expanded to include FCRD Juniors Roller Derby! We are excited to keep growing within our community and spread the excitement of derby.



New Recruit Bootcamp Schedule

Where: Olahrama 28 Family Fun Skate Center at 13903 E S Noland Ct, Independence, MO 64055.

The lessons are spread out over seven weeks, with one lesson taught twice each week: one day for New Recruits only, and another day for both New Recruits and FCRD skaters. The cost of Bootcamp covers all 14 sessions, so New Recruits are encouraged to attend both lessons each week.

Here is the full Bootcamp session and post Bootcamp events schedule:

Week 1 : Roller Derby Basics

- Sun. Sept. 13, 11:30am - 1:00pm
- Wed. Sept. 16, 8:00pm - 10:00pm

Week 2 : Edging

- Sun. Sept. 20, 11:30am - 1:00pm
- Wed. Sept. 23, 8:00pm - 10:00pm

Week 3 : More Roller Derby Skills

- Mon. Sept. 28, 7:00pm - 9:00pm
- Wed. Sept. 30, 8:00pm - 10:00pm

Week 4 : Advanced Skating

- Mon. Oct. 5, 7:00pm - 9:00pm
- Wed. Oct. 7, 8:00pm - 10:00pm

Week 5 : Assists

- Mon. Oct. 12, 7:00pm - 9:00pm
- Wed. Oct 14, 8:00pm - 10:00pm

Week 6 : Pace/Pack

- Mon. Oct. 19, 7:00pm - 9:00pm
- Wed. Oct 21, 8:00pm - 10:00pm

Week 7 : Blocking

- Mon. Oct. 26, 7:00pm - 9:00pm
- Wed. Oct. 28, 8:00pm - 10:00pm

Other Important Bootcamp Dates

Skills Review & Mock Testing

- Mon. Nov. 2, 7:00pm - 9:00pm
- Wed. Nov. 4, 8:00pm - 10:00pm

Bootcamp Only Testing

- Sun. Nov. 8, 9:00am - 11:00am

Open Testing

- Sun. Nov. 8, 11:00am - 1:00pm
- Mon. Nov. 9, 7:00pm - 9:00pm
- Wed. Nov. 11, 8:00pm - 10:00pm

Testing Overflow Date

- Sun. Nov. 15, 9:00am - 11:00am

Rules Talk & Sock Derby

- Sun. Nov. 15, 10:00am - 1:00pm

Buddy Scrimmage

- Mon. Nov. 16, 7:00pm - 9:00pm

Speed Dating & Draft Scrimmage

- Wed. Nov. 18, 7:00pm - 10:00pm

Draft Night!

- Sat. Nov. 21, time and location TBD

Bootcamp Cost & League Dues

New Recruit Bootcamp Fees

Ready to jump into Bootcamp? FCRD offers two payment options for Bootcamp fees.

- a one-time payment of \$75, due on September 13, 2026.
- OR
- two payments of \$40, due on September 13, 2026, and October 12, 2026.

This price covers one bootcamp program of 7 weeks (14 sessions total), all MST sessions, and any loaned gear. Each new bootcamp session requires a new payment.*

***Contracted, dues paying members of FCRD are not required to pay a bootcamp fee. New Recruits are required to complete one bootcamp program to be eligible to test, sign a skater contract, and draft to a team.**

League Contracts & Dues

After bootcamp, new recruits are eligible to sign a Membership Contract with FCRD to become a dues paying league member. There are three payment options to choose from:

- Annual - 1 payment of \$400 a year
- Quarterly - 4 payments of \$105 (\$420 a year)
- Monthly - 12 payments of \$40 (\$480 a year)

Having financial hardship? That's okay, we've all been there. Please feel free to contact a Quad Squad member for options so we can ensure everyone gets a chance to skate!

Protective Gear

Protective pads are available for loan, but selection is limited. All loaned gear **MUST** be returned at the end of bootcamp. **Skate rentals are available through the rink**, but It is recommended that skaters that are highly interested in joining a team find their own skates if possible for the best bootcamp experience.

Mouth Guard - FCRD recommends SISU.

- <https://www.sisuguard.com/sisu-aero-mouth-guard/>

FCRD sponsored by Bruised

Boutique. <http://www.bruisedboutique.com/onlinestore/>

- Use code **FCRD10** to get 10% off.

Some alternative options for finding gear:

- Olahrama Skate Shop
- Legacy Skates KC
- Roller Derby Recyclables Facebook group

Gear Checklist

- ☐ Helmet
- ☐ Mouth Guard
- ☐ Elbow Pads
- ☐ Wrist Guards
- ☐ Knee Pads
- ☐ Skates

